



Know Before You Go: Safety Checklist for Black Bear Country

- Plan your hike time and route.
 - Pack bear spray in an easily accessible place.
 - Hike in groups.
 - Make noise to avoid surprising bears.
 - Stay on designated trails.
 - Be aware of your surroundings.
 - Do not feed the bears.
 - Keep food in bear-resistant containers.
 - Stay at least 150 feet away from black bears.
 - Set up your campsite using the Bear-muda Triangle method.
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